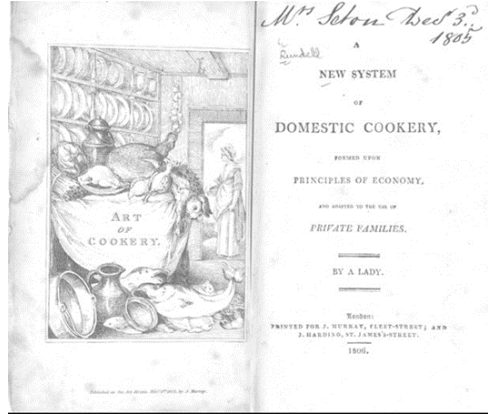
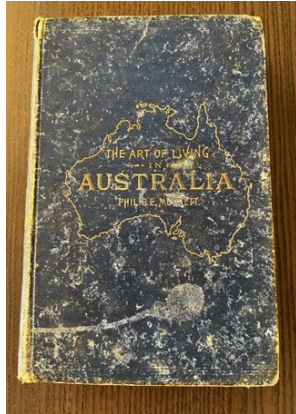




HISTORY WEST

THE ROYAL WESTERN AUSTRALIAN HISTORICAL SOCIETY INC

Community Talk



A Colonial Table: Nineteenth Century Cookbooks. "Making do" – Colonial Gastronomic Heritage.

Heather Hunwick

Cookbooks and recipe manuscripts are important cultural artifacts. Much more than just recipes, they contain knowledge that cannot be found elsewhere. But they must be studied, and the peculiarities and cultural circumstances of the time of origin must be considered. This talk will review key texts of the Australian colonial period, from the beginning, middle and end of the century. The preservation and preparation of food and the unique difficulties for women in colonial times including isolation and scarce resources are discussed.

Heather Hunwick has an extensive background in food and culinary history. From an earlier career in nutrition and food consulting as a dietitian, she added an MBA and a Masters in Gastronomy from the University of Adelaide. This supported a career change and her most recent book *The Food and Drink of Sydney: A History* was published in 2019. She is presently an Honorary Research Associate at UWA in the Humanities Faculty.

Tuesday 27 June 2023, 10 for 10.30am

Cost \$10 Bookings essential

Tel: 9386 3841 Email: admin@histwest.org.au

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Tear off slip here

I/we will be attending *A Colonial Table: 19th century recipe books* talk on Tuesday 27 June 2023 at 10 for 10.30am.

Cost \$10

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